

"This stuff works and is completely backed by Science, so you know it is even more reliable. Science based training built to help understand not only how and what to train but the reasoning behind the program's methods."

- Why most people believe it spells DISASTER if you're telling hitters to 'swing down', 'keep barrel above hands', or 'get on top of the ball' - but why that's good for them (if you teach it right!)
- Exactly how you can systematically teach pull hitters to effectively go opposite field, and oppo hitters to pull the ball...
- A brand NEW way you can quickly identify top-3 consistent power mechanics (WITHOUT focusing on 'loading and exploding' the hips, ground reaction forces, or using the legs more!)
- What you must do AT ONCE to avoid wrecking the low back or neck of your hitters - Chapters 1 and 5...
- Precisely why my approach ensures you'll realize your dreams of getting predictably positive results with your hitters without EVER having to have played at a high level, watched millions of hours of swing analysis video, or spent countless hours in the cage...
- PLUS — How to turn the tables on one so-called hitting "expert" we both know (the one just out to steal your time and money) - and smash the ball longer, straighter, and safer than ever before INSTEAD! (Chapters 2, 4, 6, & 12)...
- WARNING: Avoid these 3 hitting strategies like the plague! Ignoring this advice can mean your hitter will look like an amateur, and even give hitting up completely (this is SERIOUS)...
- The amazing "Finger Pressure trick" that dates back to caveman days throwing spears that practically "guarantees" you connection between the hands, bat, and turning torso! (Chapter 10)...
- NOW: improve your hitting without buying new bats or hiring expensive coaches (even if you've tried every swing gimmick ever advertised to improve a baseball or softball swing and failed!)
- Can this long forgotten hitting trick cure your hitter's hands dropping too? Find out in Chapter-9...



"If you're one of the thousands of parents, team coaches, and instructors who read our 2018 Amazon Bestselling book: "Catapult Loading System: then you're going to love Swing Smarter. 12-Chapters focusing on building more power, hitting more line drives, and getting on-time more often. We share STEP-BY-STEP how to drills, how to move better to perform better stretches and exercises, and 24-expert interviews from passionately curious coaches to reinforce the hitting principles outlined in Swing Smarter. As a BONUS, you'll get online access to all the goodies..."

Make sure you Swing Smarter by Moving Better!

SWING SMARTER

JOEY MYERS



#1
AMAZON
BEST SELLING
AUTHOR



Science Based Hitting Training
Built To Understand How, Why
& Reasoning Behind It

JOEY MYERS

